

Book on Four philosophical tenets of Buddhism:

Cutting Through Appearances: Practice And Theory Of Tibetan Buddhism

Paperback **use pre formatted date that complies with legal requirement from media matrix** – January 1, 1989 by Geshe Lhundup Sopa (Author), Jeffrey Hopkins (Author)

This book presents the practice and theory of Tibetan Buddhism. First is a meditation manual written by the Fourth Pan-chen Lama (1781–1852), based on Tsongkhapa's *Three Principal Aspects of the Path*, which covers the daily practice of Tibetan monks and yogis. It details how to properly conduct a meditation session that contains the entire scope of the Buddhist path. Next is the *Presentation of Tenets*, written by Gon-chok-jik-may-wang-bo. It covers Indian Buddhist schools, as viewed in Tibet, and provides a solid introduction to the Buddhist theory animating the practice. Topics include the two truths, consciousness, hindrances to enlightenment, paths to freedom, and fruits of practice.

Buddhist Philosophy: Losang Gonchok's Short Commentary to Jamyang Shayba's Root Text on Tenets– August 26, 2003

by Daniel Cozort (Author), Craig Preston (Author)

What are the most important points of difference between the major schools of Buddhist philosophy? This rich, medium-length survey offers a lively answer. The introduction, aimed at those new to Buddhist thought, sets up a dialogue between the schools on the most controversial topics in Buddhist philosophy. Jamyang Shayba was the greatest Tibetan writer on philosophical tenets. Losang Gonchok's *Clear Crystal Mirror*, a concise commentary on Jamyang Shayba's root text, represents a distillation of many centuries of Indian and Tibetan scholarship. *Buddhist Philosophy* skims the cream of Jamyang Shayba's intellect, providing a rare opportunity to sharpen our intellect and expand our view of Buddhist thought.