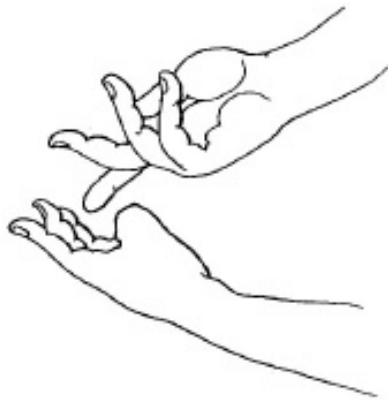


1. Mudra of Drinking Water (**ARGHAM**)



2. Mudra of Washing Feet (**PADYAM**)

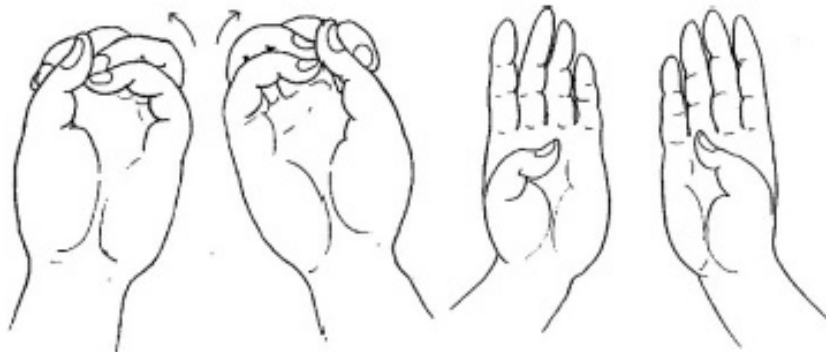


Top View



Side View

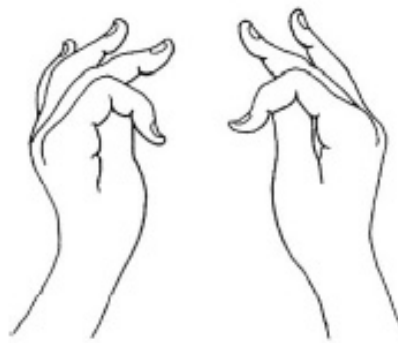
3. Mudra of Flower (**PUSHPE**)



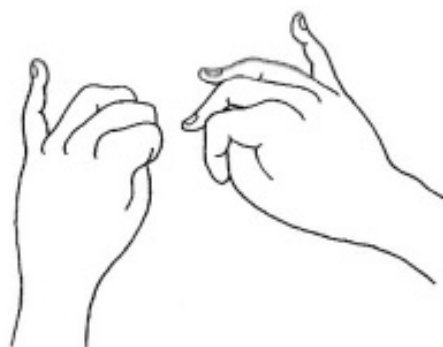
4. Mudra of Incense (**DHUPE**)



Step # 1

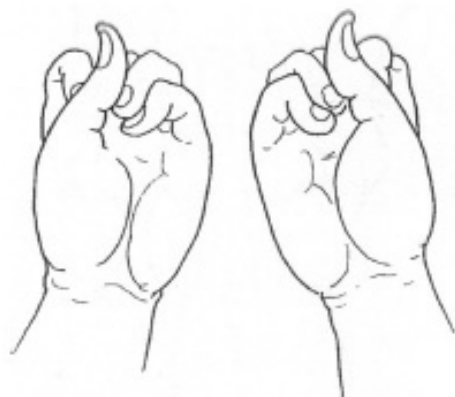


Step # 2



Step # 3

5. Mudra of Light (**ALOKE**)



6. Mudra of Perfume (**GANDHE**)



7. Mudra of Divine Food (**NAIVIDYA**)



8. Mudra of Divine Music (**SHAPTA**)



<https://www.youtube.com/watch?v=AlomqpX3Ek0>  
<http://www.yowangdu.com/tibetan-buddhism/hand-mudras.html>  
<https://www.youtube.com/watch?v=PIF59o7iayw>